



Newcastle Parkour – Term 4 class timetable (15th Oct – 21st Dec 2018)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Outdoor 10:30-12:00 pm				
		Kids Basics 12:30-2:00 pm				
	Women's 4:00-5:30 pm	Kids Basics 4:00-5:30 pm				Outdoor 1:30-3:00 pm
	Creaky Bones 5:30-6:30 pm	Kids Intermediate 5:30-7:00 pm				First Timers 3:30-4:30 pm
	Kids Basics 6:30-8:00 pm	Open Session 7:00-8:00 pm				Adults Basics 4:30-6:00 pm

www.newcastleparkour.com/classes